

If you're ready to quit tobacco Help is **FREE!**

Class Schedule

Free Two-Hour
Tools to Quit Program

Tuesday, January 26

6:00 — 8:00 pm

**Clermont Arts &
Recreation Center
3700 S. Highway 27
Clermont, 34711**

To Register or Learn More
Call: 1-877-252-6094

FREE

Nicotine Replacement
Patches, Gum and Lozenges*

FREE

Community, worksite, and
clinic groups offered

Covers all forms of tobacco

* While supplies last and if medically appropriate.



Sponsored by: Central Florida AHEC and the Florida Department of Health.

IQuit with AHEC is the in-person option of Tobacco Free Florida's 3 Free & Easy Ways to Quit.

www.ahectobacco.com

877.252.6094